

# Smoothies

## Power Smoothies

\$9.50 16 oz.

**Good Belly** Mango, banana, fresh apple, Greek yogurt, fresh ginger, Nourishing Cultures Kombucha, chia seeds.

**Head Strong** Blueberries, cold brew coffee, oat milk, bananas, almond butter, walnuts, dates, cacao nibs.

**Green Guardian** Mango, orange juice, banana, spinach, Greek yogurt, fresh ginger, honey, matcha green tea, elderberry powder, echinacea.

## Premium Smoothies

\$8.00 16 oz.

**Peanut Butter Banana Fudge** Bananas, peanut butter, soy milk, Greek yogurt, cocoa mix.

**Mango Madness** Mango, banana, orange juice, Greek yogurt.

**Strawberry Shortcake** Whole milk, strawberries, bananas, granola, Greek yogurt, honey, cinnamon, whipped cream.

**Dreamin' Green** Banana, pineapple, mango, spinach, orange juice.

## Build-Your-Own Smoothie

\$7.00 16 oz.

### Basic Ingredients - Choose Up To Four

Almond Milk	Cucumber	Kale	Pineapple
Apple	Dairy Milk	Mango	Soy Milk
Banana	Fresh Lemon Juice	Oat Milk	Spinach
Blueberries	Ginger Root	Orange Juice	Strawberries

### Premium Ingredients - Substitute or Add

\$1.50 each

Almond Butter	Granola	Matcha Powder
Cold Brew Coffee	Greek Yogurt	Peanut Butter
Dates	Kombucha	Walnuts

Additional Basic Ingredient

\$1.00

Additional Supplement or Add-In

\$0.75

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