# Bulk Rice Preparation

Note: One cup of raw rice typically yields approximately 3 cups cooked.

# Arborio Rice Codes 1250, 1273

Boil 2½-3½ cups water and pinch of salt. Add 1 cup rice. Cover, reduce heat and simmer 45 minutes.

# Basmati Rice, Brown Codes 1251, 1252

Rinse 1 cup rice. Bring 2 cups water to boil. Add rice. Return to boil, cover, reduce heat and simmer for 50 minutes. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve.

# Basmati Rice, White Codes 1254, 1256

Rinse 1 cup rice. Boil 1½ cups water and pinch of salt. Add rice. Cover, reduce heat and simmer 20 minutes. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve.

# Calrose Medium White Rice Code 1253

Boil 2 cups water and pinch of salt. Add 1 cup medium white rice. Cover, reduce heat and simmer for 20 minutes.

# Countrywild® Rice Code 1275

Rinse rice. Add 1 cup rice to 2 cups water and 1 tablespoon margarine or butter. Bring to a boil, reduce heat, cover and simmer 45 minutes. Do not remove lid. Remove pot from heat and let sit, covered, for 10 minutes.

#### Forbidden® Black Rice Code 1255

Boil 134 cups water and pinch of salt. Add 1 cup rice. Cover, reduce heat and simmer for 30 minutes. Remove from heat. Let stand covered for a few minutes. Fluff and serve.

#### Golden Rose® Brown Rice Code 1259

Boil 2 cups water and pinch of salt. Add 1 cup Golden Rose® rice. Cover, reduce heat and simmer for 50 minutes. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve...

#### Harvest Pilaf Code 1263

(Beans may contain foreign materials, please rinse before cooking.) Add 1 cup pilaf to 21/4 cups boiling water. Stir, cover, and simmer 45–50 minutes.

#### Jade Pearl Rice Code 1268

Rinse 1 cup rice. Boil 1½ cups water. Add rice. Cover, reduce heat and simmer for 20 minutes. Do not remove lid. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve.

# Jasmine Rice (White) Codes 1269, 1276

Rinse 1 cup rice. Boil 1½ cups water. Add rice. Cover, reduce heat and simmer for 20 minutes. Do not remove lid. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve.

#### Jasmine Rice (Brown) Code 1277

Rinse 1 cup rice. Boil 2 cups water. Add rice. Cover, reduce heat and simmer for 45 minutes. Do not remove lid. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve.

#### Jasmine Rice (Purple) Code 1274

Combine 1 cup of purple rice with 2 cups of water or broth. Reduce heat and simmer for 25 minutes. Remove from heat and let stand 5–10 minutes. One cup of uncooked rice yields approximately 2¾ cups of cooked rice.

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# Long Brown Rice Codes 1257, 1258

Boil 2 cups water and pinch of salt. Add 1 cup rice. Cover, reduce heat, and simmer 50 minutes. Do not remove lid. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve.

# Long White Rice Code 1267, 1278

Rinse 1 cup rice. Boil 1½ cups water and pinch of salt. Add rice. Cover, reduce heat and simmer 15 minutes. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve.

# Red Rice Code 1264

Rinse red rice in water. Heat oil in a pot, add rice and stir for 2 minutes. Add 2 to 1 water ratio and bring to a boil. Lower heat and cover pot. Cook for 45 minutes or until liquid is absorbed. Remove from heat and let rest for 10 minutes.

### Short Brown Rice Codes 1260, 1261

Boil 2 cups water and pinch of salt. Add 1 cup rice. Cover, reduce heat and simmer 50 minutes. Remove from heat and let sit, covered, for 10 minutes. Fluff with a fork and serve.

# Short Brown Rice, Sprouted Codes 1266

Use 3 cups of rice to  $4\frac{1}{2}$  cups of water. Bring water to a rolling boil, add rice, stir thoroughly, cover tightly, then reduce heat to low and simmer covered for 30 minutes. Fluff rice prior to serving.

# Sushi Rice Code 1265

Place 2 cups rice into a mixing bowl and cover with cool water. Swirl the rice in the water, pour off and repeat 2 to 3 times or until the water is clear.

Place the rice and 2 cups of water into a medium saucepan and place over high heat. Bring to a boil, uncovered. Once it begins to boil, reduce the heat to the lowest setting and cover. Cook for 15 minutes. Remove from the heat and let stand, covered, for 10 minutes.

Combine 2 Tbs. rice vinegar, 2 Tbs. sugar and 1 tsp. salt in a small bowl and heat in the microwave on high for 30 to 45 seconds. Transfer the rice into a large wooden or glass mixing bowl and add the vinegar mixture. Fold thoroughly to combine and coat each grain of rice with the mixture. Allow to cool to room temperature before using to make sushi or sashimi.

#### Sweet Brown Rice Code 1262

Combine 1 cup rice, 2 cups water, and 1 tablespoon butter in a pot with a tight-fitting lid. Bring to a boil. Stir once. Cover with lid. Reduce heat to simmer and cook 50 minutes. Remove from heat, let stand in covered pot for 10 minutes. Fluff with fork, salt to taste.

# Wild Rice Codes 1270, 1272

Add 1 cup wild rice to 4 cups boiling water. Reduce heat, cover and simmer 55 to 65 minutes or until desired texture. Drain excess liquid and season to taste. Enhance the flavor of wild rice by cooking in chicken broth, bouillon, or soup mix. The texture can be varied: the longer it cooks, the softer and fluffier the grain becomes.

# Wild Blend® Code 1271, 1279

Rinse rice. Add 1 cup rice to 2 cups water and 1 tablespoon margarine or butter. Bring to a boil, reduce heat, cover and simmer 45 minutes. Do not remove lid. Remove pot from heat and let sit, covered, for 10 minutes.